

Hadleigh United Reformed Church with Monks Eleigh



Monthly Newsletter **Feb 2016**

The vision of Hadleigh URC is
to challenge the community to respond to God's love
as shown and taught by Jesus Christ.



www.hadleighurc.org.uk



Hadleigh United Reformed Church

2016 Newsletter No. 735

WORSHIP IN HADLEIGH

Sun 7th 10:30 Morning Worship led by Canon David Atkins

Sun 7th 6pm Evening Praise led by Inspired and Revd Bryn Rickards

Sun 14th 10:30 Morning Worship & Communion - Revd Bryn Rickards
(Lent 1: Praying with Paul)

Sun 21st 10:30 Morning Worship led by Ronnie Howson
(Lent 2: Praying with Jesus)

Sun 28th 10:30 Morning Worship - Revd Bryn Rickards and Nigel Crisp
(Lent 3: Praying with Heaven)

WEEKDAY MEETINGS

Tuesday 10 - 11.30 Pause for Prayer - Come in for Coffee

MONKS ELEIGH URC

Sun 7th 3pm Mr Colin Wright

Sun 21st 3pm Rev Bryn Rickards

Please could you let me have all items for the Mar 15 Newsletter by **Sunday 21st February**? Email to phil@the-wells.net, post to 11 Jordayn Rise, Hadleigh. Thanks, Phil



From the Minister

I wonder if you're any good at learning things? Although our school education and examination system would have us believe that we learn by cramming information into our brains, for the most part it seems we truly learn by 'practising' something with someone who knows what they're doing. I suppose it's possible to learn how to drive a car by reading a how-to book, but I'm not sure it's advisable!

In the Christian calendar, Lent is often a period when we focus on what it means to be a disciple. Unfortunately for us, in English, the word disciple has come to be used in a merely religious context. But the word isn't religious; it simply means 'learner' or 'apprentice'. I like the word apprentice—it communicates well the need we have for 'practical experience' as we learn. The gospels show us how the twelve learned with Jesus not just by listening to his preaching but by living with him, trying things out with him, seeing him heal, hearing him pray.

As Lent approaches, I would like us as a church to take the opportunity to rub shoulders with some of the pray-ers in the Bible. As part of the *Churches Together Study Series* (Tues evenings or Thurs lunchtimes), we'll be looking at some of the psalms and seeing what they have to teach us about prayer. And on Sunday mornings we'll be taking our Christian apprenticeship further as we 'listen in' to other prayers in the Scriptures. We'll hear Jesus take us through 'the basics' of prayer. We'll listen to the kind of prayer that gets Paul down on his knees. We'll see with Hannah what it means to pray in anguish and we'll get direction from how the Apostles pray under pressure. We'll even overhear the prayers of heaven itself—an exercise that might help us to ensure our prayers are more than a 'shopping list' of wants and wishes. And I'll endeavour to make sure that in the midst of all that, we'll have a chance to actually 'practise' praying.

I believe that prayer is something we all need to learn more of and grow in. Prayer is not a 'gift' that some have and others don't! We are all called to pray. That's natural—we all need to talk with (and listen to) the God we have been brought into relationship with! But prayer is also a kind of language; it requires effort to learn. There is always room to become more fluent.

So, I do hope that you'll take the opportunities this Lent to further your apprenticeship with Jesus in the area of prayer. Amen?

Grace and peace, Bryn.

Services Nursing and Care Homes and Sheltered Housing

Place	Link Person	Usual Monthly Worship
Sydney Brown Court	Jean Herring (823320)	1 st Thursday, 10.30am
Canterbury House	Hilary Griffin (823100)	2 nd Tuesday, 2.30pm
Waterfield House	Jackie Cork (823739)	3 rd Tuesday, 3pm
Friars Hall	Janice White (808835)	1 st Monday, 2pm
Magdalen House	Chris Todd (827915)	last Thursday, 11am

NB Please check these times with the link person.

MORNING WORSHIP IN LENT:

On Sunday mornings through Lent, we'll be learning from some of the prayers/pray-ers in the Bible:

Sun 14 Feb: Praying with Paul (Ephesians 3:14-21)

Sun 21 Feb: Praying with Jesus (Matthew 6:5-15)

Sun 28 Feb: Praying with Heaven (Revelation 4-5)

Sun 6 Mar: Praying with Hannah (1 Samuel 1)

Sun 13 Mar: Praying with the Early Church (Acts 4:23-31)

John Bell Comes to Hadleigh

Just once in a while a very special opportunity occurs right on your own doorstep and it's a pity to miss out because you didn't get the date in the diary soon enough. So please put the date in the diary at the very start of the year. John Bell will be visiting Hadleigh on 16th & 17th April and leading 3 sessions in St Mary's and preaching at the 10.45am service on the Sunday morning.

John is a minister in the Church of Scotland, a member of the Iona Community with an international reputation. A prolific hymn writer (his hymns appear in every hymn book published in the last 30 years). He has written many books and spends much of his time speaking at Theological Colleges, Cathedrals, Conference Centres as well as music festivals. He is also a familiar contributor to Radio 4 "Thought for the Day". His regular activities take him to the USA, Canada, Europe, South Africa, Australia and New Zealand.

His great passion is congregational worship – relating and often retelling the words and the works of God in a way that people can understand and acknowledging where people are. He has a great gift for scratching where people itch. I have seen him in a gathering of a hundred people with little musical ability and within an hour they were singing as a truly harmonious unit. If you had not been there you would never believe it.

His sessions at Hadleigh on 16th and 17th April are:-

On Saturday 10am – The Bible as the People's book
2pm - Why do God's people sing?

On Sunday 2.30pm – Hymns, Psalms and Spiritual Songs – A Big Sing

Tickets for each session will be £5 and will be available from the beginning of February. Applications can be made to Trish Pitt on 01473 828393 or trish17@sky.com and David & Wendy Atkins on 01473 822535 or atkins.d@hotmail.co.uk

It truly is an event for everyone – even for those who feel they can't sing. David Atkins – Moderator, Churches Together in Hadleigh

Commitment for Life

As the name implies, we at Hadleigh URC are committed to supporting Commitment for Life every year. It is the world development programme of the URC and as a participating church we are encouraged to take action, pray and give for people across the world. Hadleigh URC supports Commitment for Life with a regular donation which is used to fund projects in Bangladesh. The following article provides up-to-date information about Commitment for Life's work there.

Political tension is an ongoing issue in Bangladesh. The recent murders of two foreign nationals have created security concerns amongst the expatriate community, especially those who work with Western agencies. As a result, most embassies of western countries have heightened their security. Please pray for those living and working through these worrying times.

Many women in rural Bangladesh are married at a young age and early divorce is common. They often find themselves with children to care for but are unable to bring in sufficient income. However, Christian Aid partner INCIDIN (supported with income from Commitment for Life) is able to bring support to these women.

Fulmala Adikari was divorced from her husband when her baby was just a year old. She moved to her brother's house and was desperate to earn money. After working for a neighbour for several years she was able to save up enough money to buy her own cow. However, she found it difficult to sell the milk at a fair price and often ended up giving much of it away. By becoming involved with INCIDIN she was able to turn her business around. She joined a producers' group and each day they receive a text message from the market information centre telling them about the market price of milk. In addition, members are supported with important equipment, including medicine to ensure healthier cattle resulting in more milk to sell and the opportunity to sell calves for profit. Working with INCIDIN means the difference between living hand to mouth and securing a stable future.

Welcome to new Members!

It was a great joy to welcome into membership seven people during our morning worship on Jan 10th. I asked them if they would like to share something of their faith journey with you (see below). It is a wonderful privilege and blessing to see that the sense of family that this church has provided has been an instrumental part of drawing them on in their faith. It makes the promises we made as a church all the more poignant:

As a community of faith, representing the whole Church, will you welcome Sammy, Linda, Kirsty, Samantha, Bob, Lilly and Elizabeth and share with them friendship in the Lord, and will you give them your support in prayer and service, so that they may continue to grow in their knowledge and love of God and be witnesses of Jesus Christ our risen Lord?

May Great Meeting continue to provide such a community of faith and support! Bryn

I would like to thank you all for welcoming me into your church at the morning service of January 10th 2016.

Things went wrong for me in September 2013. I had a road accident and investigations into my health started. On December 10th a diagnosis of Parkinson's led to a deep dark HOLE.

A year later I entered your church door, approached by Nigel and introduced to Becky and Sarah; in depth conversations followed. About two weeks later I came to Sunday Services and have never looked back.

Between November and February, I always feel down as my Father died on Boxing Day in 1988; my Mother in Law on December 10th 1996; my Mother on December 4th 2012. Also my problem in December 2013 and my Father in Law going

into residential care in 2014 and my daughter at home with OCD.

My son David and daughter in law Lucy have given me 3 lovely grandsons Blake (9), Ashton (7) and Max (3 next month). All suffer from hereditary multiple exostoses and are registered disabled.

I have a very loving and understanding wife, Trisha.

As I risk repeating myself, a very big THANK YOU.

Bob Ainsley

I have been a churchgoer for most of my life. Because I had moved house a number of times I usually found a church eventually and have worshipped in Anglican and Methodist congregations, but always felt drawn to Congregational/United Reformed churches. It would take a book to record the associations and co-incidences that have steered me along the way. I felt called to membership in 1970 and joined the fellowship of Lion Walk, Colchester, where I was ordained an elder in 1980.

I moved to Hadleigh in 2004, but continued to travel to Colchester and attended services in Hadleigh occasionally. Gradually I felt 'at home' in Hadleigh and after much thought decided that my place was in Hadleigh and so asked for my membership to be transferred. There were periods when I questioned my faith and role in church life but the answer always was that God was waiting for me so keep going. (The first half of Psalm 139 has been significant for me at times.)

The friendliness of the congregation, the fact that Great Meeting has such a cross section of society endorses the feeling of family. I feel privileged to have met so many of God's family.

Elizabeth Mirams

Religious Poem Competition – win £250 For Your Church

The poem can be a prayer, words for a hymn, a description of an uplifting moment, a religious experience, about a person or your church. It can be rhyming or free verse, historic, romantic, factual, or personal - anything you like, as long as there's a religious theme.

Send up to three poems, of no more than 25 lines (including blank lines) and 160 words each by 31st March 2016 to - Religious Poem, United Press, Admail 3735 London EC1B 1JB or email info@unitedpress.co.uk. For information, visit www.unitedpress.co.uk. The winner will be announced in April.

FIREWOOD FOR SALE

at “THE QUIET PLACE at MONKS ELEIGH”

(part of The Quiet Garden Movement)

As those who have visited my nature reserve with ENCOUNTER will have seen, there is a lot of wood lying around the place. I am relieved to say that I now have regular help with managing the reserve.

Mark Prina is the Project Officer at Foxearth Stour Meadows nature reserve, which my late husband Keith and I owned until last February. Mark has been busy chopping, splitting and bagging the wood so I now have **bags of seasoned firewood for sale** and half the money will go to the Sudbury Area Cancer Support Group.

Last August a small group of people from the group, came and walked round and enjoyed a picnic lunch. Sharing the “Creation therapy” this little oasis offers, with people whose lives are stressed by critical illness, is something Keith and I had on our hearts to do, so it was a heart warming occasion.

The wood needs to be collected but it could be combined with a trip to Corncraft or a local walk, for those who like to exercise! The reserve is open to visitors by appointment. The wood is a mixture of large and small logs, mostly seasoned Willow and the prices are: 15kg for £4; 10kg for £3.

Contact Maureen Morris Tel.01449 741644 or haven@arisaig.net

Vision4Life

What has Vision4Life Group been doing recently? Having completed our investigations of Psalms and Parables we are now tackling the Bible as a Whole. No mean task you may think.

The Bible Society research has shown what Christians say they need most is an overview of the whole Bible. Assisted by Paula Gooder's Beginners Guide we are exploring some overarching themes which hopefully are helping us. Appreciating that the Bible is a whole library of books we identified the different genres, history, law, poetry, gospels, letters, to which each book belongs.

A more daunting task was tracing the history behind the Bible, accepting the importance of exodus and exile in the story of the Hebrew people, as well as the Greek and Roman influence on the epistles and gospels.

Trying to appreciate the oral history which preceded the written texts, we have explored the four written strands which make up the first five books of the Hebrew scriptures and are now grappling with the plethora of early Christian writings from which our New Testament was selected.

There are more adventures to come. We meet next on Thursday 4th February, 7.30pm at 19, The Green. Everybody welcome. Please bring a Bible!

_OPERATION CHRISTMAS CHILD 

 **COFFEE MORNING** 

Saturday 20th February in the Ansell Centre 10am -11.30am

All welcome to come along.

Any donations of cakes & items for our bring & buy stall would be very welcome.

Doreen 827460 & Hilary 822208

Church Family Photographs



The Church Elders, have for some time, recognised the need to update the photographic record of the Church Family on the display board in the vestibule of the church.

During the next two months, with Tom's help, I will endeavour to archive some of the photographs of people who have left the church and using one of our new display boards to re-mount most of the existing photographs. If you feel that because of the passage of time, your existing photograph does not provide the best image of yourself, partner or family, would you kindly provide me with a new photograph preferably a 6x4 (15x10cm) in size.

Please print your name, partner and family names on the reverse side of the photograph. If you have not previously been represented on the display board, then may I encourage you to become more widely known to our church family by providing me with a photograph print. This will also help the Minister and the Elders to identify you, and in time of need, to provide pastoral support to you and your family. This is a caring church and the Elders are currently examining ways in which they can improve their Pastoral Care communication systems.

If you would like me to take your photograph outside the church, then please approach me at the end of one of the services. I will ensure that I have my camera in church for the next two months. In the interim I will need to remove the existing display board to carry out this work. Please make yourself known to me in church or at 21 Fullers Close IP7 5AS. Tel 01473 822149 or mervcort@btinternet.com

Happy clicking!

Mervyn Cort.

Notices

Monthly Maintenance Morning

The February maintenance morning will be on Saturday 6th 10-12. If you are able to lend a hand even for just an hour it would be much appreciated: there are always jobs to be done. Please bring your own rubber gloves! Refreshments will be provided.

ANNUAL REPORTS DUE

Please get reports for the AGM booklet to Phil Wells (phil@the-wells.net) by February 14 at the latest.

Are you a Whiz with Word?

Competent with a Computer? Stunning with the Spellcheck?

(Yes, you can tell I am about to ask something of you.)

After 8 years together, the Newsletter and I have agreed to a trial separation, just to see if we can be happy apart. It would be really good if someone would be willing to produce the newsletter on occasions. Who knows? You might discover a hidden talent and joy in helping the church family to share thoughts, news and events.

If you are interested, email me or hunt me down on a Sunday, **Phil**

Does anyone have any old silver tinsel that we could have for prop making for Open the Book? It would be appreciated for making more angel costumes. Thank you, Hilary 822208

Volunteer needed for a fun and lively music group on Fridays from 1.30pm till 3.30pm at Ananda House in Hadleigh (old RNLI building) supporting people with learning disabilities to take part and have fun. See Rachel Bennett or call 822699 to find out more."

Guild Report

On Tuesday December 15th Guild friends met for the final meeting of the Autumn programme. We enjoyed carols, readings, a lovely solo by Pat and some Christmas music played by Elaine. The afternoon ended with a shared tea and many thanks are expressed to all who contributed or helped in any way.

Our Winter Programme started on Tuesday January 5th with a New Year Party. Friends all enjoyed a variety of games and quizzes and the afternoon ended with a lovely shared tea. Many thanks to all who helped in any way, ensuring that a good time was had by all!

On Tuesday January 12th we welcomed Pastor Chris Todd to the Guild to lead our devotional. Chris told us the story of the Ark of the Covenant in Samuel's time and the involvement of a man called Obed Edom. We heard how Obed Edom wanted to be everywhere that the Ark of the Covenant was as he wanted to be in God's presence. Chris told us that the Bible always has something to say to us.

Many thanks to Chris for such an interesting devotional.

February Programme

2nd Devotional led by Wendy Atkins

9th An Afternoon with Daniel Thompson

16th A Musical Afternoon with Elaine Goh

23rd An Afternoon with Philip Mann

Meetings at 2.30pm in the Community Room unless otherwise stated.

All Welcome

"Hope begins in the dark, the stubborn hope that if you just show up and try to do the right thing, the dawn will come. You wait and watch and work: You don't give up."

- Anne Lamott



FAIR TRADE FORTNIGHT

29th February – 13th March

Wake up to the **BIG FAIRTRADE BREAKFAST!**

Saturday 5th March in the Ansell Centre

The theme of this year's Week of Prayer for Christian Unity was "Salt of the Earth". We were challenged to think how we could be salt of the earth and light of the world.

One small way in which we can be salt and light is by supporting Fairtrade, not just during Fairtrade Fortnight, but by making it our priority when we do our regular shopping. It is a scandal that despite working hard to grow the food we eat every day, many farmers and workers in developing countries don't earn enough to know where their families' next meal is coming from. Fairtrade works to change this and where producers are able to sell enough of their produce on Fairtrade terms, it can make a life-changing difference. Fairtrade now reaches over 1.5 million farmers and workers across the globe. However, with around 795 million people undernourished globally, there is still a long way to go.

During Fairtrade Fortnight we could go that extra step:

- Look out for Fairtrade products that you don't normally buy
- Buy Fairtrade flowers or chocolates for Mothering Sunday
- Tell your friends about the benefits of Fairtrade
- Visit the new Fairtrade shop in Upper Brook Street in Ipswich (near Sainsbury's) with a huge range of Fairtrade products
- Ask a shop or restaurant to stock a Fairtrade product
- Come to the Fair Trade breakfast on 5th March

On Saturday 5th March any time between 9 and 10 am you will be able to sample Fairtrade breakfast products in the Ansell Centre. After breakfast, if you are able to stay, there will be the opportunity to help make posies for Mothering Sunday or help with our regular monthly maintenance morning. Look out for more details in the March newsletter.

February: the month for Film Contrasts !

12th February Mr HOLMES at 7.30PM PG cert.

Sir Ian Mc Kellen is Sherlock Homes, now retired. This film, set in Sussex during 1947 still shows Holmes to be as cantankerous as ever as he tries to remember his final case and the woman whose memory still haunts him. However, his frustration is mainly directed at his misrepresentation in the best-selling novels by his companion Dr Watson. In short, this film is an acting tour de force and a triumph for Sir Ian Mc Kellen with the support of a well deserved cast from Frances de la Tour who plays Madame Schiremer to Milo Parker as Roger the son of his housekeeper

26th February LOVE AND MERCY at 7.30pm PG cert.

There are few people today who have never succumbed to the unique sound of the Beach Boys, classic music unique to the 60's. Here is a warm tribute to its reclusive creator, Brian Wilson, who masterminded both the songs, the music, the bands and the recordings. In short the Beach Boys, like the music of Abba today have never gone out of fashion and remain almost unchallenged even in today's ever-changing music world.

The price of admission to our films remains at £3.50 for adults and £2.50 for an accompanied child. This is the tenth year since we opened, and it is hoped that you will all join us for our March celebrations – please look out for the details.

As always we will have a break during the presentation of the film when teas, coffee, refreshments will be available, including our ever-popular choc ices

Finance Report

December 2015.

We had a Surplus of £2,944.27. It should be noted that there a number of bills to be paid and loans re-paid in connection with the move into the manse.

Any Questions to Ronnie, please

Summary	Last Month	This month	Notes
Income	£4,385.67	£10,451.38	
Expenditure	£6,913.30	£7,507.11	
Cash Flow	(£2,527.63)	£2,944.27	
<u>General Fund</u>			
Income	£3,335.67	£7,761.38	We had a Gift Aid Refund of £4,300 this period.
Expenditure	£3,639.97	£4,755.53	
Cash-Flow	(£ 304.30)	£3,005.8	
Balance	£5,103.24	£5,109.09	Our Mission and Service contribution
Offerings	£1,949.67	£1,947.12	has increased this year to £33,000 per year. Our offerings in 2015 were
Lettings	£ 1,303.00	£ 916.00	£29,000
HOME lettings	£ 83.00	£ 0.00	
School House			
Heat & Light	£239.59	£ 84.33	
<u>Reserve</u>			
Misc			
Balance	£13,284.70	£14,684.70	
<u>Student and Young People's</u>			
Misc			A grant of £230.00 had been received from the John Ansell Trust
Study Exp			
Grants			
Rosa Simon	IN. £0.00	IN. £230.00	
Music Fund	OUT. £0.00	OUT. £0.00	
Balance	£1,923.61	£2,153.61	
<u>Ansell Centre</u>			
Income	£1,010.00	£2,315.00	Only lettings backlog of cleaning invoices
Expenditure	£ 477.17	£ 929.77	
Cash-Flow	£ 833.51	£1,385.23	
Balance	£ 624.38	£ 542.44	

<u>Buildings</u>			These are gift day pledges
Income	£40.00	£40.00	
Expenditure	£234.00	£0.00	
Cash-Flow	(£ 194.00)	£2,944.27	
Balance	£14,854.38	£14,814.38	
<u>Fabric</u>			
Income	£ 13.38	£ 105.00	Bank interest
Expenditure	£ 2,796.16	£ 1,821.81	Repairs to the manse
Cash-flow	(£2,782.78)	(£1,716.81)	
Balance	£27,880.30	£29,535.72	
<u>Summary of Funds</u>		<u>Summary of Bank</u>	
Ansell Centre	£ 542.44	Current a/c	£ 47,492.34
Buildings	£14,934.38	Savings	£ 19,467.60
Fabric	£29,535.72	Total	£66,959.94
General	£ 5,109.09	<u>Movement between Funds</u>	
Reserve	£14,684.70	Ansell to Fabric	£1,000.00
Young People's	£ 2,153.61	Ansell to Reserve	£400.00
Total	£66,959.94	General to Fabric	£2,000.00
		General to Reserve	£1,000.00

We are now registered charity, No **1151084**.

Ronnie Howson, Treasurer. 13 January 2015



Posy making for Mother's Day will be in the Community Room on Saturday 5th March, 10am-12mid-day.

Please come & help the children make posies for their mum's & all the ladies in church & also for those of the Scout movement who will be joining us for Sunday's Mothering Day service.

 Refreshments & chatter, will be available 
Hilary 822208

Diary Dates

Date	Day	Time	Activity
2	Tues	10-11.30	Come in for Coffee, Community Room
		10.15am	Prayer Service, Church
		2.30	Guild, Comm Room
		4.30	Silent Prayer Group, Salvation Army
3	Weds	6.30pm	Eternal in the quiet room
4	Thurs	11-3	Synergy Café. Ansell Centre
		7.30	Vision 4 Life, 19 The Green
5	Fri	12.15pm	Ansell Lunch Club, Ansell Centre
		7.30	Evening of Prayer, Church
6	Sat	10-12	Maintenance Morning, Church
		2-4pm	Scrabble, Community Room
9	Tues	10-11.30	Come in for Coffee, Community Room
		10.15am	Prayer Service, Church
		12 – 2pm	Pancake Party at 19, The Green, Proceeds for LifeExpo and FIND.
		2.30	Guild, Community Room
		4.30	Silent Prayer Group, Salvation Army
		6 – 8pm	Pancake Party at 19, The Green
10	Wed	2.30	Any Questions, 9 Queen Street
		6.30pm	Eternal in the quiet room
		7:30pm	Exploring Christianity, Upper Com Room
11	Thurs	11-3	Synergy Café. Ansell Centre
12	Fri	7.30	Film: Mr Holmes, Ansell Centre
13	Sat	2-4pm	Scrabble, Community Room

16	Tues	10-11.30	Come in for Coffee, Community Room
		10.15am	Prayer Service, Church
		4.30	Silent Prayer Group, Salvation Army
		7.30pm	Lent Course, Salvation Army
		7:30pm	Exploring Christianity, Upper Com Room
17	Wed	12.15pm	Wednesday Lunch Club, Ansell Centre
		6.30pm	Eternal in the quiet room
		7:30pm	Exploring Christianity, Upper Com Room
18	Thurs	11-3	Synergy Café. Ansell Centre
		12pm	Lent Course, Salvation Army
20	Sat	10-11.30	Shoebox Fundraiser
		2-4pm	Scrabble, Community Room
23	Tue	10-11.30	Come in for Coffee, Community Room
		10.15am	Prayer Service, Church
		2.30	Guild, Community Room
		4.30	Silent Prayer Group, Salvation Army
24	Weds	6.30pm	Eternal in the quiet room
		7:30pm	Exploring Christianity, Upper Com Room
		8pm	What do you think? The George
26	Fri	7.30	Film: Love and Mercy, Ansell Centre
27	Thurs	11-3	Synergy Café. Ansell Centre
29	Sat	2-4pm	Scrabble, Community Room

Don't forget Please let Phil W know about any events you would like listed in the diary, or if there are errors in the dates.

Contacts

Minister

Bryn Rickards

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01473 829197 or 07510 311900

Elders

Nigel Crisp (Church Secretary)	01473 822208
Claire Coster	01473 822850
Elizabeth Meeks	01473 827318
George Barnes	01787 211716
Jan Dicks	01473 823413
Karen Harman (Asst. Sec)	01473 824765
Mervyn Cort	01473 822149
Pat Langley	01473 823844
Ronnie Howson	01473 310169
Sylvia Jarvis	01473 829166
Tom Gordon	07825 641154

*Please feel free to contact any of the above
at any time of day (or night in case of emergency),
if you have any problem that the church may
be able to help with.*

Sylvia Roberts (Monks Eleigh) 01449 740607

Treasurer

Ronnie Howson
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Capel St Mary
01473 310169

Newsletter editor Phil Wells (phil@the-wells.net)